

#### Report to the Milton Keynes Health and Care Partnership – 22 February 2023

Bedfordshire, Luton and Milton Keynes Health and Care Partnership and Integrated Care Board update

Vision: "For everyone in our towns, villages and communities to live a longer, healthier life"					
	Please state which strategic priority and / or enabler this report relates to				
Strategic priorities					
$\boxtimes$	<b>Start Well:</b> Every child has a strong, healthy start to life: from maternal health, through the first thousand days to reaching adulthood.				
$\boxtimes$	Live Well: People are supported to engage with and manage their health and wellbeing.				
$\boxtimes$	Age Well: People age well, with proactive interventions to stay healthy, independent and active as long as possible.				
$\boxtimes$	<b>Growth:</b> We work together to help build the economy and support sustainable growth.				
$\boxtimes$	Reducing Inequalities: In everything we do we promote equalities in the health and wellbeing of our population.				

Enablers							
Data and Digital $\Box$	Workforce	Ways of working $\Box$	Estates 🗆				
Communications	Finance 🗆	Operational and Clinical Excellence	Governance and Compliance ⊠				
Other □(please advise):							

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	Corporate Services and MK Link Director,	
	Bedfordshire, Luton and Milton Keynes Integrated	
	Care Board (BLMK ICB)	
Date to which the information this	6 February 2023	
report is based on was accurate		
Senior Responsible Owner	Felicity Cox, BLMK ICB CEO	

The following individuals were consulted and involved in the development of this report:

- BLMK Health and Care Partnership 14 December 2022
- BLMK Integrated Care Board 25 November 2022 and 27 January 2023

This report has been presented to the following board/committee/group:

This report summarises key items of business from the BLMK Integrated Care Board and BLMK Health and Care Partnership (a Joint Committee between the local authorities and the ICB) that are relevant to the MK Health and Care Partnership. The agenda and papers for these meetings are available by clicking the following links – <u>here</u>, <u>here</u> and <u>here</u>.

#### Purpose of this report - what are members being asked to do?

The MK Health and Care Partnership is part BLMK Integrated Care System (ICS) governance. It performs the functions of the MK Health and Wellbeing Board and the MK Place Based Partnership (as defined in the Health and Care Act 2022).

This report connects MK and BLMK governance by updating on work at BLMK level and highlighting specific issues that are likely to be of interest to or require decisions from the MK Health and Care Partnership.

This report also invites the MK Health and Care Partnership to request support from the ICB. Feedback from the MK Health and Care Partnership's meeting will be provided to the BLMK Health and Care Partnership and ICB Board.

#### **Recommendations:**

The MK Health and Care Partnership is asked to:

- 1. **Note** that the BLMK Health and Care Strategy has been agreed and published and that Milton Keynes City Council has a statutory duty to have regard to the integrated care strategy when exercising any of its functions, in relation to the Council's area (s116B Health and Care Act 2022)
- 2. **Note** that the Chair of the MK Health and Care Partnership will be reporting on the MK Health and Care Partnership's priorities as described in the MK Deal at the next meeting of the BLMK Health and Care Partnership on 7 March, and that these priorities will be included in the Operational Plan 23/24 and Five Year Joint Forward Plan for BLMK
- 3. **Note** the MoU agreed between the ICB and the VCSE to establish a strategic partnership.
- 4. **Note** the health impact analysis of the BLMK Green Plan.
- 5. **Note** the updates provided on the following matters and **agree any actions** that should be taken in relation to MK:
  - Key items of business considered by the BLMK Health and Care Partnership and Integrated Care Board meetings between November 2022 and January 2023 as listed at Appendix A
  - b. The digitisation of social care programme
  - c. The planned procurement for Musculoskeletal (MSK) services for BLMK residents

- Guidance on the role of Health and Wellbeing Boards published on 22 November 2022 that will be discussed at the next Health and Care Partnership meeting on 7 March 2022
- e. The arrangements for the MK Health and Care Partnership commenting on the ICB's first annual report
- 6. **Nominate** a representative to join the ICB's Primary Care Assurance and Commissioning Committee, or agree a process for doing this
- 7. **Identify** any areas where support from the ICB is required to deliver the MK Health and Care Partnership's priorities for its population.

### 1. Brief background / introduction:

The report sets out three strategic areas of work for consideration by the MK Health and Care Partnership:

- a. BLMK Health and Care Strategy and next steps in planning;
- b. Developing a Strategic Partnership with the VCSE;
- c. Health Impacts of the Green Plan;

and also provides updates on:

d. Areas of BLMK-wide work which are relevant to MK Health and Care Partnership's priorities

e. Governance matters relevant to the role of the Partnership

## A. BLMK Health and Care Strategy (found here) & Next Steps in Planning

The BLMK Health and Care Strategy was agreed by the BLMK Health and Care Partnership in December 2022. It highlighted the difference in life expectancy and healthy outcomes in deprived areas compared to more affluent areas and how health and wellbeing can be affected by more than one inequality. The Partnership was particularly concerned about how the cost-of-living crisis would widen health inequalities and have a significant impact on the health of local people.

The strategy:

- reflects the 5 strategic priorities (Start Well, Live Well, Age Well, Growth and Tackling Inequalities)
- is committed to subsidiarity (to Place), with a focus on planning, decision-making and delivery as close to the resident as possible
- emphasises the need to further use our partnerships to support residents to live longer, healthier lives, and the central role of VCSE in achieving this; and,
- speaks to real examples that make a difference to local people

The Health and Care Act 2022 requires each of the 42 Health and Care Partnerships to produce a strategy and for the ICB and local authorities who are members of the Partnership to have 'regard to' the strategy in discharging their functions.

## BLMK (NHS) Operational Plan 2023-2024 and BLMK Five Year Joint Forward Plan 2023-2028

The Health and Care Act requires the BLMK ICB to produce an Operational Plan (due end March 23) and a Five Year Joint Forward Plan (due end June 23).

The Operational Plan is for 2023/24 and requires ICBs to describe how the local NHS will deliver against mandated NHSE operating plan requirements, including agreement of the BLMK NHS system budget. This plan takes account of local priorities including those set out in the MK Deal and will be reported to the Board of the ICB on 24 March 2023.

ICBs and their partner trusts must involve relevant Health and Wellbeing Boards in preparing or revising the Joint Forward Plans (JFP). This includes sharing a draft with each relevant Health and Wellbeing Board (HWB) consulting as to whether the JFP takes proper account of each relevant local health and wellbeing strategy.

As JFPs will build on existing Joint Strategic Needs Assessments, Health and Wellbeing Strategies and NHS delivery plans, we do not currently anticipate their development will require full formal public consultation.

The Chair of the MK Health and Care Partnership, Cllr Peter Marland, has been invited to present MK's priorities to the BLMK Health and Care Partnership meeting on 7 March and this will contribute to the development of the JFP for BLMK. MK's priorities are as set out in the MK Deal. BLMK ICB will co-ordinate public engagement on the JFP prior to its anticipated sign off by the Board of the ICB on 30<sup>th</sup> June 2023.

#### **Recommendation to:**

**Note** that the BLMK Health and Care Strategy has been agreed and published and that Milton Keynes City Council has a statutory duty to have regard to the integrated care strategy when exercising any of its functions, in relation to the Council's area (s116B Health and Care Act 2022)

**Note** that the Chair of the MK Health and Care Partnership will be reporting on the MK Health and Care Partnership's priorities as described in the MK Deal at the next meeting of the BLMK Health and Care Partnership on 7 March, these priorities will be included in the Operational Plan 23/24 and Five Year Joint Forward Plan for BLMK

# B. Establishing a Strategic Partnership between the ICB and the VCSE (Memorandum of Understanding (MoU))

A MoU between the ICB and the VCSE sector was approved at the ICB Board in November. To support the development of the strategic partnership with the VCSE, the ICB has invested in two part-time, fixed-term partnership roles hosted by MK Community Action who are working across BLMK. Next steps in this work include mapping of the investment in the VCSE / VCSE assets across BLMK, and joint work to improve ICB operational processes to enable greater VCSE involvement eg. procurement.

Milton Keynes Health and Care Partners are requested to support the mapping of local assets and the mapping of the amount spent with MK VCSE organisations.

The VCSE Strategy Group was involved in the development of the MoU and the Integrated Care Strategy and has informed how to engage the VCSE "at place". In Milton Keynes, the two VCSE members of the MK Health and Care Partnership, Clare Walton and Peta Wilkinson, are members of the BLMK VCSE Strategy Group.

In MK, VCSE organisations are forming part of the teams delivering the MK Deal priorities and this work will extend as additional priorities 'go live'. For example, Peta Wilkinson is a member of the Improving System Flow Steering Group as a representative of the VCSE Alliance and a wider stakeholder group has been established which includes Willen Hospice and Age Concern.

**Recommendation to note** the MoU agreed between the ICB and the VCSE to establish a strategic partnership.

## C. ICS Green Plan Health Impact Assessment

The ICS developed a Green Plan in 2022, setting out high level commitments to be a net zero system by 2035, 5 years ahead of the national NHS ambitions for emissions it directly controls (2040) and in line with national ambitions for emissions it has influence over (2045).

The Health Impact Assessment analyses the impact of the ambitions in terms of carbon reduction and the full report is available <u>here</u>

The Board of the ICB agreed that the Green Plan should be more detailed, specific and ambitious, and further work will be done to improve the data and evidence available. The key areas identified as having a good evidence base for initial work are air pollution, extreme weather, active travel and nutrition. The ICB is seeking to work closely with local authority partners and other anchor institutions on these areas.

The MK deal obesity priority provides a good opportunity to address the green plan agenda. All four places in BLMK have identified obesity as a priority area so there is also the opportunity for system-wide initiatives and sharing learning.

**Recommendation to note** the findings of the health impact analysis of the BLMK Green Plan.

#### D. BLMK ICS Update

A summary of the main items of business considered at recent BLMK Health and Care Partnership and BLMK ICB meetings is attached as Appendix A.

The following programme updates are provided for information.

#### Digitisation of Adult Social Care

The Digitising Adult Social Care programme across Bedfordshire, Luton and Milton Keynes is providing a host of benefits to local residents and care homes.

**Acoustic Monitoring** alerts care home staff to investigate when the Wi-Fi connected device detects 'unusual' sounds and movements. The device can recognise sounds such as waking, crying out, calling for help, or being restless. National estimates tell us that this is likely to result in care home staff having 40% more time, falls will reduce by 55%, and there will be 20% fewer hospital admissions.

Care Home Name with Acoustic Monitoring	Beds	Live
Veryan Place	3	
Tolcarne Avenue	3	
Burlington Hall	53	
		On target for in-
Westbury Grange	45	stallation in Feb

Acoustic monitoring implementation in Milton Keynes is as follows:

The **Whzan Blue Box** contains everything needed to enable staff to make regular health checks on their residents. Being able to see early signs of changes means they can alert clinical colleagues before a resident becomes so unwell they need hospital care. Measurements such as heart rate, blood oxygen levels, temperature and blood pressure can be taken with the kit.

Whzan Blue Box has been installed in 17 care facilities in Milton Keynes.

The manager of Burlington Hall, Milton Keynes said, "Since being implemented in Burlington Hall Care Home, the Whzan Blue Box has been fundamental in helping us to monitor our residents' vital signs efficiently and with precision. The Whzan Box is used twice a week by our seniors on both Maple and Larch units to regularly monitor all the residents' vital signs quickly and easily."

Another product that is improving care for local residents is the **Raizer Chair**. If someone falls but does not injure themselves, the **Raizer II** emergency chair can be assembled around them by a single member of staff to lift them quickly and safely – avoiding the need for an ambulance. In the three months since 77 chairs were introduced across 27 MK care homes (42 care homes are the target, 11 care homes have declined a Raizer Chair), there has been a reduction in ambulance call-outs of 24% and reduced hospital admissions of 65%, as well as staff time being saved so that they can spend more time caring for other residents. In addition, care home managers tell us that their residents feel safer and less anxious when they are using the Raizer Chair instead of the traditional hoist.

More information can be found <u>here</u>

## Musculoskeletal (MSK) Health Services – Forthcoming Procurement

Due to expiry of the contracts with four MSK providers across BLMK (Connect Health and Ravenscroft in MK) on 31<sup>st</sup> March 2024, the ICB has been working with patients, providers and wider stakeholders to determine how services should transform to 1) improve the quality of life for people with MSK 2) improve productivity, removing fragmentation and duplication and 3) focus on prevention of MSK illness which is particularly impacted by rates of Obesity, levels of physical activity and smoking and 4) release GP capacity by providing direct access to physiotherapy appointments.

An Integrated MSK and Pain Service Specification has been drafted based on best practice and is in the process of being finalised. Following ICB governance approval between February – March 2023, the intent is to commence a full procurement exercise between April – September 2023, followed by mobilisation of the new provider/s during October 2023 – March 2024 with official service commencement on April 2024. It is expected that any staff impacted by a change of provider would transfer to the new provider. Members of the public will also be invited to be part of the new provider/s mobilisation to ensure local needs are captured and implemented.

**Recommendation to note** the updates provided and **agree** any actions that should be taken in relation to MK.

## E. Governance Matters

The Health and Care Partnership is requested to consider the following governance matters:

#### Request for Representation from the Milton Keynes Health and Care Partnership on the ICB's Primary Care Commissioning and Assurance Committee.

The ICB has responsibility commissioning primary medical services and to discharge that responsibility, the Board of the ICB has established a Primary Care Commissioning and Assurance Committee.

The Committee is chaired by a non-executive board member and the membership consists of ICB executives and representatives from primary care. The terms of reference also allow for non-voting attendees, including representatives from each of the health and wellbeing boards (HWBs) in the system.

We are inviting the Milton Keynes Health and Care Partnership to nominate an appropriate person to attend. There are approximately four meetings per year, currently via Microsoft Teams, and the responsibilities of the Committee range from approving practice mergers and commissioning newly designed enhanced services to making decisions relating to primary care estates and digital issues. From April 2023, the ICB and Committee will also take on responsibility for commissioning community pharmacy, optometry and dental services in BLMK.

**Recommendation to nominate** a representative to join the ICB's Primary Care Assurance and Commissioning Committee, or agree a process for doing this.

#### Health and Wellbeing Board Guidance

In November 2022 the Department of Health and Social Care issued non-statutory guidance on the roles and duties of Health and Wellbeing Boards and clarifies their purpose within the new integrated care system architecture. A link to the guidance is given below:

Health and wellbeing boards – guidance - GOV.UK (www.gov.uk)

The BLMK Health and Care Partnership will be reviewing this guidance at its next meeting on 7 March 2023.

## **ICB Annual Report**

ICBs are statutorily required to produce an Annual Report at the end of each year. (In this case the reporting period is July 2022 to end March 2023). As part of the production of that report an ICB must reflect on its contribution to the delivery of relevant local Health and Wellbeing Strategies. In doing so, the ICB must engage with each local Health and Wellbeing Board to seek feedback. The Health and Care Partnership is asked to note that the ICB will soon be writing to the Chair of the Partnership for comment. The Annual Report will be published later in 2023.

#### Recommendation to note the:

- a. guidance on the role of Health and Wellbeing Boards; and,
- b. arrangements for the MK Health and Care Partnership commenting on the ICB's first annual report.

## 2 Appendices

Appendix A – Summary of BLMK Health and Care Partnership and ICB Board business

# Appendix A – Summary of BLMK Health and Care Partnership and BLMK Integrated Care Board Business November 2022 - January 2023

- 1. Health and Care Partnership 14 December 2022 Agenda items:
- Health and Care Strategy JSNA noted and strategy agreed
- **Fuller Neighbourhoods** briefing provided on the findings of a review undertaken by Dr Claire Fuller of integrated primary care, looking at what is working well, why it's working well and how we can accelerate the implementation of integrated primary care across systems.

Next Meeting - 7 March 2023, 5-8pm in Milton Keynes, venue TBC – Agenda items:

- Health and Care Strategy and Five year Joint Forward Plan
- Place delivery plans and Health and Wellbeing Board updates
- Delegation of Dentistry, Optometry & Community Pharmacy to the ICB Mental Health, Learning Disability and Autism collaborative
- Community engagement
- 2. Board of the BLMK ICB 25 November 2022 and 27 January 2023 Agenda Items:
- Working with People & Communities Strategy approved
- Memorandum of Understanding (MOU) with the Voluntary, Community & Social Enterprise (VCSE) Sector - approved
- Developing a BLMK Mental Health, Learning Disability & Autism Collaborative A proposal to develop a BLMK Mental Health, Learning Disability and Autism Provider Collaborative was supported. The vision, which we will seek to further develop with input from service users, patients and system partners, puts patient and service user voice and a focus on place at its heart, refocusing our efforts on addressing inequalities and unwarranted variation, and working at scale where it makes sense to do so.
- **Resident's story** about the challenges and barriers faced by a transgender resident accessing health services. The story emphasised the importance of raising awareness and sensitivity training which is being supported by the ICB.
- Luton Airport Development Consent Order supported the proposed development of Luton Airport on the basis on the mitigating actions being taken and the economic benefits of the scheme and the positive impact this would have on BLMK residents.
- People Strategy agreed
- **Inequalities** update on delivery of the inequalities including how £3.5M had been invested in BLMK.
- Green Plan Health Impact Assessment as described in the main report
- Delegation of Pharmacy, Optometry, Dental (POD) Commissioning and Specialised Commissioning to the ICB – progress report with the risks and opportunities associated with the transfer of commissioning responsibility to the ICB.
  POD is expected to be delegated from April 2023 and Specialised Commissioning from April 2024. A decision on the delegation of POD will be taken at the next Board meeting.
- An update on the **Community Diagnostics Centres** was given. Positive progress for the MK and Bedford sites with more work to do on the proposal for Luton.